# CHAPTER 6

## Chitosan and Fish Collagen as Biomaterials for Regenerative Medicine

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#### Abstract

This chapter focuses and reviews on the characteristics and biomedical application of chitosan and collagen from marine products and advantages and disadvantages of regeneration medicine. The understanding of the production processes of chitosan and collagen and the conformation of these biomaterials are indispensable for promoting the theoretical and practical availability. The initial inflammatory reactions associated with chitosan application to

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hard and soft tissues need to be controlled before it can be considered for clinical application as scaffold. Further, as chitosan takes too long for biodegradation *in vivo*, generally it is not suitable for the scaffold for degenerative medicine in especially dental pulp tissue. The collagen extract from the scales of tropical fish has been reported to have a degeneration temperature of 35 °C. The properties of biocompatibility and biodegradation of fish atelocollagen are suitable for the scaffold in regenerative medicine.

#### I. INTRODUCTION

The regenerative medicine consists of three components: cell, nutrient, and scaffold. The combinatory usage of these components is important. For the scaffold manufacturing, bioactive natural organic materials originated from marine products are indispensable because the severe inflection problems such as bovine spongiform encephalopathy, avian and swine influenzas, and tooth-and-mouth disease in bovine, pig, and buffalo occur all over the world.

Chitin is mainly contained in the shells of crabs and shrimps. Chitosan is produced by the deacetylation of chitin, and it has numerous pharmacological activities, such as immunopotentiation, antihypertensive, serum cholesterol-lowering, antibacterial, and wound-healing-promoting properties (Asaoka, 1996; Koide, 1998). These biological activities would be favorable for scaffold fabrication. Further, marine collagen from fish scales, skin, and bone has been widely investigated to apply as a scaffold and a carrier because of its bioactive properties such as its excellent biocompatibility, low antigenicity, high biodegradability, and cell growth potential (Dillow and Lowman, 2002; Yang et al., 2001).

This chapter describes the characteristics and biomedical application of chitosan and collagen from marine resources with the advantages and disadvantages in relation to regenerative medicine. The understandings of the production of those materials and their biological activities are very important for promoting them as potential source in regenerative medicine.

## II. GENERAL PROPERTIES OF SCAFFOLD FOR REGENERATIVE MEDICINE

The basic principle of tissue engineering is that cells, genes, and proteins are delivered via a degradable material, termed as scaffold, to regenerate tissue. This concept was first elucidated by Langer, Vacanti, Griffith, and their colleagues (Cima *et al.*, 1991, Langer and Vacanti, 1993, 1999; Langer *et al.*, 1990). They laid out the basic requirements for the scaffold, as (1) choosing a material for a support matrix that was biocompatible and

could be readily processed into desired shapes, (2) characterizing cell interaction with the material based on the tissue structural and metabolic demands, and (3) evaluating the performances of the matrices *in vitro* and *in vivo* through quantitative molecular and histological assays. These principles laid the foundation for tissue engineering scaffold research and development.

The scaffold functions to provide structural integrity, define a potential space for the engineered tissue, guide the restructuring that occurs through the proliferation of the donor cells and in-growth of the host tissue, maintain distances between the parenchymal cells that permit diffusion of the gas and nutrients and possibly the in-growth of vasculature from the host bed, and transmit the tissue-specific mechanical forces to cue the behavior of the cells within it (Marler *et al.*, 1998). Based on these functions, the sponge form is most suitable and reasonable for the scaffold structure (Madihally and Matthew, 1999).

Beyond knowing what parameters can influence tissue regeneration, it is difficult to know what quantitative measures can be used to characterize these regeneration-enhancing parameters. Three scaffold-design parameters are accepted as influencing tissue regeneration: (i) modification of scaffold surfaces to enhance cell interaction, (ii) controlled release of growth factors from scaffolds, and (iii) scaffold mass transport (Hollister, 2009).

Enhancing tissue regeneration by controlling cell-scaffold interaction and the necessity to accommodate cellular metabolic demands through scaffold diffusivity were two fundamental scaffold-design requirements enunciated in the early 1990s (Cima *et al.*, 1991; Langer *et al.*, 1990).

Scaffold mass transport can be characterized by scaffold diffusivity and permeability. As with mechanical properties, native tissue diffusivity and permeability can be regarded as a starting point for defining scaffold-transport design targets (Hollister, 2009). One of the major effects of designed diffusivity and permeability is to affect oxygen diffusion to cells and regenerative tissues. Partial oxygen pressure is a factor clearly affected by scaffold mass-transport characteristics that can affect cell differentiation. Most studies on differentiation of progenitor cells or behavior of fully differentiated cells reflect required permeability and diffusivity values (Domm *et al.*, 2002; Malda *et al.*, 2004).

### III. CHEMICAL AND PHYSICAL PROPERTIES OF SCAFFOLD

#### A. Chitosan

## 1. Molecular weight and degree of deacetylation

The term chitosan describes a series of chitosan polymers with different molecular weight (MW), viscosity, and degree of deacetylation (DD) (40–98%). It is a linear polyamine with a number of amino groups that are readily available for chemical reaction and salt formation with acids.

Important characteristics of chitosan are its MW, viscosity, DD (Bodek, 1994; Ferreira *et al.*, 1994a,b), crystallinity index, number of monomeric units, water retention value, pKa, and energy of hydration (Kas, 1997). Chitosan has a high charge density, adheres to negatively charged surfaces, and chelates metal ions.

The MW of chitosan is affected by deproteinization conditions used for the isolation of the chitinous substrate. It is difficult to prepare a chitosan with a DD higher than 90% without significant degradation of polysaccharide molecules. It was also reported that the relationship of attachment and growth of any cells with a percentage of acetylation of chitosan followed a general trend with the higher deacetylated chitosan supporting attachment and subsequent growth of the cultured cells (Prasitsilp et al., 2000). The DD and MW of chitosan influence the properties important for many applications, such as solubility of the product in dilute acids, viscosity of the obtained solutions, and their biological activity.

Generally, the MW of chitosan exerts a major influence on its biological and physicochemical characteristics. The potential of chitosan (MW <5000–10,000; DD 55.3–65.4%) in gene delivery was investigated by Richardson *et al.* (1999). Chitosan molecular mass fraction was observed to readily complex DNA even down to a chitosan:DNA charge ratio of 1:0.1, which also resulted in a significant decrease in the degradation by DNase II with no degradation being apparent at a charge ratio of 1:1. Gene delivery studies have shown that siRNA transfection efficiency can be modulated by the MW of chitosan, and since the MW affects polymer chain entanglement, this in turn influences its complexing ability with negatively charged siRNA. For instance, high MW chitosan will entangle siRNA more readily than low MW chitosan, which results in binding siRNA more efficiently and protecting the condensed siRNA from enzymatic degradation and serum components.

Liu et al. (2007) found that size, zeta potential, morphology, and complex stability as well as *in vitro* gene silencing of chitosan/siRNA nanoparticles were dependent on MW and DD. High MW and high DD samples produced stable nanoparticles, while those prepared with low MW (10kDa) and an nitrogen/phosphorus (N/P) charge ratio of 50 showed almost no knockdown of endogenous EGFP in H1299 human lung carcinoma cells. On the other hand, nanoparticles prepared from MWs in the range of 65–170kDa and a DD of 80% showed a gene-silencing efficiency between 45% and 65%. The highest gene-silencing efficiency of 80% was achieved when using an N/P ration of 150 for MWs of 114 and 170kDa having a DD of 84%.

Fernandez-Urrusuno *et al.* (1999) investigated the potential of chitosan (MW <50,000–130,000; DD 70–87%) nanoparticles as a system for improving the systemic absorption of insulin following nasal instillation. Nanoparticles prepared by ionotropic gelation with tripolyphosphate

enhanced the nasal absorption of the peptide to a greater extent than that of aqueous solution of chitosan in a conscious rabbit model by monitoring the plasma glucose levels. The amount and MW of chitosan did not have a significant effect on insulin release.

LeHoux and Grondin (1993) investigated the effects of chitosan on plasma and liver cholesterol levels, liver weight, and 3-hydroxy-3-methylglutaryl coenzyme A reductase in rats fed on a sterol diet (1% cholesterol and 0.2% cholic acid). Chitosan at a level of 5% lowered plasma and liver cholesterol levels by 54% and 64%, respectively. High MW chitosan (>750kDa) had less hypocholesterolemic potential than that of 70kDa.

### 2. Cross-linking with bioactive agent

Growth factors including platelet-derived growth factor-BB, insulin-like growth factor, and transforming growth factor- $\beta$  function as modulators to promote wound healing, cell proliferation, and bone regeneration (Hollinger, 1993; Park *et al.*, 1998). Typical cross-linker binding chitosan polymer with these growth factors is tripolyphosphate pentasodium at 5% (Lee *et al.*, 2000; Park *et al.*, 2000). This chemical cross-linking procedure brings the development of drug delivery system using chitosan scaffold.

## 3. Mechanical strength

Mechanical properties of scaffold can be evaluated similar to those of biomaterials in medicine and dentistry.

- *i. Tensile test* Measurement is conducted after swelling with phosphate-buffered saline (PBS) as described by Tomihata and Ikada (1997) and Chen *et al.* (2009). The scaffold is subjected to tensile test using an Autograph (cross-head speed: 10 mm/min). The tensile strength is calculated as the breaking load divided by the initial cross-sectional area. A 250–400 g/mm<sup>2</sup> of tensile strength is reported in chitosan with a DD higher than 60%.
- *ii.* Compression test Scaffold is rehydrated in deionized water before the test. The test is performed on a special machine as described by Subramanian and Lin (2005). The cross-head speed is 2mm/min and a 50-kgf load cell is used. The load (kgf)—displacement (mm) data are recorded by the computer software and converted to stress—strain curves to obtain elastic modulus (kPa). The cross-linked scaffolds have about 2–5 times higher elastic modulus (7.4–19.9 kPa) compared to uncross-linked scaffolds (3.8 kPa).

iii. Load–displacement test The scaffold is evaluated in the dry state by the depth-sensing indentation approach using a nanoindenter (Depan et al., 2011). A maximum load of 0.15 mN is set, and 15 indents are made at 35-μm intervals for each sample. The maximum indentation depth is set to 1000nm. The load–displacement data are recorded continuously through one complete cycle of loading and unloading. Young's modulus is 0.06–0.1GPa in chitosan and derivatives.

## B. Fish collagen

## 1. Amino acids composition

Biochemical composition of marine collagen is thought to be different from that of mammalian collagen. For biochemical analyses, the strict condition for sample preservation is important and indispensable before collagen extraction. This means that the hydroxyproline content in relation to collagen stability strongly depends on these sampling procedures (Swatschek et al., 2002). Several works showed that amino acid composition of fish collagens was almost similar to those of mammalian collagens (Bae et al., 2008; Kimura, 1983; Kimura et al., 1988; Nagai et al., 2001, 2004). Glycine was the most abundant amino acid and accounted for more than 30% of all amino acids. Further, the degree of hydroxylation of proline was calculated to be 40-48%, which was also similar level to that of the mammalian (about 45%). The linear relationship between collagen stability and hydroxyproline content was demonstrated by that the degree of hydroxylation (Table 6.1) of proline in the fish collagen peptides was calculated to be about 35% (personal communication from the laboratory of Prof. M. Yamauchi, Oral Health Institute, University of North Carolina). Further, it is very interesting that the degree of hydroxylation of proline of fish in cold sea, for example, chum salmon, was reported to be low (35–37%) (Kimura et al., 1988; Matsui et al., 1991) compared to that of fish in relatively warm sea, which is related to the denaturation temperature (Table 6.1).

## 2. Degeneration temperature

Fish collagen fibrillar gels have not been studied, with the exception of shark collagen (Nomura et~al., 2000a,b), probably due to their low denaturation temperature ( $T_{\rm d}$ ), which renders these materials difficult to handle. The  $T_{\rm d}$  of shark collagen solution is approximately 30°C (Nomura et~al., 1995), which results in the dissolution of the fibrillar gel of this collagen at 37°C (Nomura et~al., 2000a). This indicates that the gel could not be practically used at the actual physical temperature of human medical application. The  $T_{\rm d}$  of chum salmon is approximately 19°C (Kimura et~al., 1988; Matsui et~al., 1991), which is the main reason to be unstable at the actual physical temperature of human body. As the

TABLE 6.1	Degree of	hydroxy	lation
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Fish	%
Squid	47.8
Carp	43.3
Eel	40.2
Common mackerel	41.1
Saury	40.5
Chum salmon	38.0
Tilapia	43.0
Tiger puffer	34.5
Dusky spinefoot	37.6
Sea chubs	40.4
Eagle ray	41.6
Red stingray	46.9
Yantai stingray	40.6

denaturation temperature of fish collagen is lower than the mammalian body temperature, fish collagen melts when placed in contact with the human body for a clinical application.  $T_{\rm d}$  of collagen extracted from ray skin or the scales of a tropical fish (tilapia) has been reported between 33–34°C (Bae *et al.*, 2008) and 35°C (Ikoma *et al.*, 2003), respectively. Further, the improvement can be achieved by chemical cross-linking *in vitro* collagen fibrillogenesis. This method brings  $T_{\rm d}$  of salmon collagen (SC) to 55°C, and its biocompatible properties have been demonstrated by several studies (Nagai *et al.*, 2004, 2007).

## 3. Cross-linking for stability

Numerous attempts have been recently made to use type I collagen for biomaterials. The cross-linking methods for stabilization of collagen are divided into physical treatment such as ultraviolet irradiation (Weadock *et al.*, 1995), dehydrothermal (DHT) treatment (Gorham *et al.*, 1992; Koide *et al.*, 1993; Pieper *et al.*, 1999; Wang *et al.*, 1994; Weadock *et al.*, 1995), and treatments involving chemical such as glutaraldehyde (White *et al.*, 1973), carbodiimide (Pieper *et al.*, 1999), and 1-ethyl-3-(3-dimethyl-aminopropyl)-carbodiimide (Yunoki *et al.*, 2004). Chemical treatments confer remarkably high strength and stability to the collagen matrix, but may result in potential cytotoxicity or poor biocompatibility (Huang-Lee *et al.*, 1990), while physical treatments have no cytotoxicity and can provide sufficient stability (Koide *et al.*, 1993; Yunoki *et al.*, 2003).

## 4. Mechanical strength

Compression test is a typical method for measuring mechanical strength of collagen (Lee *et al.*, 2001; Lyons *et al.*, 2010; Sugiura *et al.*, 2009). The collagen from sponges is soaked in PBS, immediately degassed, and subjected to test. The specimens are compressed using a cylindrical probe at a cross-head speed of 0.2mm/s to achieve a strain of 50% and immediately returned to the original position. The compressive modulus is calculated from the slope of the stress–strain curve in the linear region (strain below 15%). Modules are different (6.7–30.9 kPa) depending on the cross-linked conditions.

### IV. BIOCOMPATIBILITY AND ALLERGY

#### A. Chitosan

Chitosan shows potential proinflammatory properties through the release of chemical mediators (Bianco *et al.*, 2000; Usami *et al.*, 1998). Histological findings indicate that this material stimulates the migration of polymorphonuclear leukocytes and macrophages (Minami *et al.*, 1997; Peluso *et al.*, 1994; Usami *et al.*, 1994), and promotes angiogenesis, reorganization of the extracellular matrix, and granulation tissue formation (Minami *et al.*, 1993; Okamoto *et al.*, 1993).

Crustaceans are consumed in many coastal countries. In Japan, large amounts of shrimp, lobster, spiny lobster, and crab are imported from Asian countries and many other regions, and are processed as materials for commercial foods. Several clinical cases reported that crustaceans are well-known allergens (Becker et al., 2004; Lehrer et al., 2003). It is known that crustacean allergy generally presents as skin and respiratory tract symptoms. Further, anaphylaxis can be induced in sensitive patients by the intake of trace amounts of crustacean (Department of Food Safety, 2002; Tomikawa et al., 2006). Although the wound dressing material originated from crab shell has been clinically used over 25 years in Japan, fortunately, no allergic incidents or side effects were reported. This should be brought through the good product management including the process of deproteinization.

## B. Collagen

An IgE-reactive protein was clinically observed in surimi from walleye pollack, one of fish foods, by ELISA using one patient serum positive to the high MW allergen suggesting it to be collagen (Hamada *et al.*, 2000). It is provided that the evidence that the high MW allergen recognized by plural patient sera is collagen, and in competitive ELISA inhibition experiments, the big eye tuna collagen almost completely inhibited the

IgE reactivity to the heated extracts from five species of fish (Hamada et al., 2001). Some fish-sensitive patients possessed IgE antibody to fish gelatin. Fish gelatin (type I collagen) might be an allergen in subjects with fish allergy (Sakaguchi et al., 2000). Atelocollagen is a processed natural biomaterial produced from bovine type I collagen. It inherits useful biomaterial characteristics from collagen, such as rare inflammatory responses, a high biocompatibility, and a high biodegradability (Hanai et al., 2006; Miyata et al., 1992). The parts of collagen that are attributed to its immunogenicity, namely telopeptides, are eliminated in the process of atelocollagen production. Therefore, atelocollagen possesses little immunogenicity (Sano et al., 2003). If substantial amounts of collagen could be obtained from fish wastes (scale, skin, and bone), they would provide an alternative to bovine collagen in food, cosmetics, and biomedical materials.

Jellyfish collagen scaffolds had a highly porous and interconnected pore structure, which is useful for a high-density cell seeding, an efficient nutrient, and oxygen supply to the cells cultured in the three-dimensional matrices. To determine whether jellyfish collagen evokes any specific inflammatory response compared to that induced by bovine collagen or gelatin, the levels of proinflammatory cytokines and antibody secretions were measured and the population changes of immune cells after *in vivo* implantation were monitored. Jellyfish collagen was demonstrated to induce an immune response at least comparable to those caused by bovine collagen and gelatin (Song *et al.*, 2006).

Elastic SC vascular grafts were prepared by incubating a mixture of acidic SC solution and a fibrillogenesis-inducing buffer containing a cross-linking agent, water-soluble carbodiimide (WSC). Subsequently, re-cross-linking in ethanol solution containing WSC was performed. Upon placement in rat subcutaneous pouches, the SC grafts brought little inflammatory reaction (Nagai *et al.*, 2008).

Collagen sponges with microporous structures from tilapia were fabricated reconstituted collagen fibrils using freeze-drying and cross-linked by DHT treatment or additional treatment with WSC treatment. The pellet implantation tests into the paravertebral muscle of rabbits demonstrated that tilapia collagen caused rare inflammatory responses at 1- and 4-week implantation, statistically similar to those of porcine collagen and a high-density polyethylene as a negative control (Sugiura *et al.*, 2009).

#### V. BIODEGRADATION

#### A. Chitosan

The cotton-like chitosan (MW: about 200kDa; 35, 70, and 100% DD) was implanted into the alveolar bone cavities. The histopathological examination was carried out at 1, 3, 6, 9, and 12months after the implantation.

All the various types of chitosans were degraded with time, in conjunction with the bone regeneration (Ikeda *et al.*, 2002). However, it takes about 9months after the implantation for the almost complete disappearance of chitosan in the bone tissue. Only the monomer type of chitosan, popular places of osteoarthritis, is easy to completely dissolve immediately *in vitro* and *in vivo*.

## B. Collagen

Upon placement in rat subcutaneous pouches, the SC grafts were gradually and slowly biodegraded. At 1 month after implantation, fibroblasts and macrophages started penetrating the surface of the graft without exhibiting any signs of necrosis (Nagai *et al.*, 2008). The biodegradation rates of both the collagen implants were similar, except for the DHT-treated tilapia collagen sponges at 1-week implantation. Various types of treated collagens did not disappear in the tissue even at 4-week implantation (Sugiura *et al.*, 2009).

#### VI. CONCLUSIONS

The initial inflammatory reactions associated with chitosan application to hard and soft tissues need to be controlled before it can be considered for clinical application as scaffold. Further, as it takes too long for biodegradation of implanted chitosan *in vivo*, generally chitosan is concluded to be not suitable for the scaffold for degenerative medicine in especially dental pulp tissue surrounding hard tissue.

The properties of biocompatibility and biodegradation of fish atelocollagen are suitable for the scaffold in regenerative medicine. However, these phenomena strongly depend on the procedures for cross-linking.

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